

# **STSROC Report for EMP Board Meeting March 11, 2019**



## **Programs and Activities Completed**

### **Presenting STSROC at Perinton Quilting Guild Meeting- December 3rd**

We were invited to attend this meeting to share the mission and vision of STSROC. The guild gave our organization a financial contribution.

### **S.W.A.T. Youth Open Mic Night at Boulder Coffee- December 6th**

Monroe County's Spreading Wellness Around Town Youth Council hosted this event. Young people were invited to share their stories and experiences, reduce stigma around mental health and help spread suicide awareness and prevention. STSROC members attended.!

### **Stop the Stigma ROC Board of Directors Retreat- January 11th-13th**

The STSROC Board spent a weekend reflecting on our mission and planned our next steps in programming. We spent time making sure all board members were fully aware of all facets of Stop the Stigma ROC - its history and current direction. We developed a code of conduct that will be reviewed and approved by the board. Eventually all board members will sign the code of conduct.

### **Penfield Real Talk with Teens Event- January 27th**

Stop the Stigma ROC presents... Real Talk with Teens is event that allows for open and personal discussion about mental health and suicide. Real Talk with Teens was moderated by Maddy Horowitz. We invited two mental health professionals to be in attendance. We had three students attend and about 5 parents. Two of the waitresses were also very interested in the meeting. One waitress shared in conversation with a board member a personal experience with suicide.

### **STS Awareness Concert Committee Planning Meeting- February 28th**

Our January meeting was cancelled due to weather. In February we began to plan this year's concert scheduled for June 8. Paperwork has been submitted to Perinton Recreation and Parks. In addition to STSROC board members our planning committee for the concert involves volunteers from the wider community.

### **UR Medicine Office of Mental Health Promotion Partner Celebration- February 28th**

We are co-sponsoring the Jordyn Keeley Memorial Art and Writing Competition with UR Medicine Office of Mental Health Promotion. As one of the department's partners, we were invited to come to their partner celebration reception. It was an amazing opportunity to network with other mental health agencies in the community and to share the competition with the other attendees.

### **Meeting with the Fairport Educators Association**

The Fairport teacher's union is very interested in supporting us. They are going to bring back information to the entire group and decide what type of support that will be, whether its financial, volunteers, or publicity.

## **Upcoming Programming and Activities**

### **Stop the Stigma Awareness Concert Planning Meeting- March 28**

We will continue to plan the 2019 STS Awareness Concert for June 8th. In addition to STSROC board members our planning committee for the concert involves volunteers from the wider community.

### **The Jordyn Keeley Memorial Art and Writing Competition- March 29**

Planning is nearly complete for our 2nd Annual art competition. We met with representatives from the UR Medicine Office of Mental Health Promotion and they will partner with us. The entire exhibit would then be moved to the UR Bridge Gallery for an extended time period. Brochures have been distributed to the following middle & High schools and school districts - Fairport, Penfield, Pittsford, Victor, Webster, Gates, East Rochester, RCSD - SOTA, Mercy, McQuaid, and Henrietta Community Youth Group,

### **American Foundation for Suicide Prevention Advocacy Day- April 9th**

This will be our second year going to Albany with AFSP to lobby for mental health legislation. We will drive to Albany on Monday night and prepare together for the following day, full of lobbying meetings. It is a great experience of empowerment, learning and action towards positive political change.

### **Operational Update**

Finance update as of March 1 sent by Marie Kamp

